

Resilience
Empathy
Self-Awareness
Positivity
Excellence
Communication
Teamwork



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Dear Parents/Carers,

During Summer term 2 there will be a whole school focus on RSE (Relationships and Sex Education) during their PSHE lessons. RSE is a statutory part of primary school children's curriculum. Each year group will have a different area of focus which will be appropriate for their age group. This will be for year groups 1 to 6.

The coverage is as follows:

Year 1- Exploring friendship and trust.
Year 2- Keeping Clean
Year 3- Your Feelings, Your Choice
Year 4- Keeping Safe
Year 5- Growing and Changing
Year 6- Growing and Changing

There is also a brief explanation of each unit on the back of this letter.

If you want to know any more about what is being covered in more detail, please speak to your child's class teacher. There is also guidance/curriculum information on the school website. If you would like your child to opt out of any lessons please speak to your class teachers.

Thank you for your support.

Mr T Hutton
Deputy Head Teacher

A handwritten signature in black ink, appearing to read 'Mr T Hutton'.







Artsmark
Silver Award
Awarded by Arts
Council England



Lucinda and Godfrey

YEAR 5

Growing and Changing

Session	Title	Teaching Technique	Intended Outcome
1	Keeping Ourselves Healthy	Circle Time 	To recognise negative feelings and appreciate them.
2	Growing and Changing - Puberty	Using the Story 	To understand how to deal with negative feelings.
3	Growing and Changing - Puberty	Using the Story 	To be able to offer help and advice to people in difficult situations.
4	Growing and Changing - Puberty	Activity Sheets 	To develop the skills needed to deal with different situations themselves.