

Resilience  
Empathy  
Self-Awareness  
Positivity  
Excellence  
Communication  
Teamwork



Delaval Gardens  
New Delaval  
Blyth  
Northumberland  
NE24 4DA

Head Teacher: Mr P Struthers BA (Hons)  
Telephone: 01670 353255  
Email: [admin@newdelaval.northumberland.sch.uk](mailto:admin@newdelaval.northumberland.sch.uk)  
Website: [www.newdelaval.northumberland.sch.uk](http://www.newdelaval.northumberland.sch.uk)

1st October 2024

Dear Parents/Carers

### 'Get Off Stabilisers' – Wednesday 9th October 2024

Richard Rothwell is back in New Delaval Primary School on Wednesday 9<sup>th</sup> October . He will be running a 'get off stabilisers' session for Nursery, Reception Classes and Year 1

This session is for children who currently cannot ride without stabilisers. The aim of the session is to gain balance and ride using pedals.

Please, if possible, can you remove the stabilisers from your child's bike before you come to the session, however, if you do not have the tools to do this, don't worry; Richard will do it on the day. Please also make sure bicycle tyres have air in them if you have a pump and your child **MUST** wear a safety helmet during the session.

You are welcome to stay and we really would like you to attend if this is possible. The sessions will run during the morning from **9:30am-10:30am** and **10.30am-11.30am**. Your session time will be confirmed on receipt of the completed consent form.

Please complete the attached consent form and return to the school office by **Friday 4<sup>th</sup> October**

Yours sincerely

**Mr P Struthers**  
**Headteacher**



### 'Get Off Stabilisers' – Wednesday 9<sup>th</sup> October 2024

Name of child.....Class .....

Please indicate your preferred session.

9:30am-10:30am

10:30am-11:30am

I give consent for my child to take part in the 'Get off Stabilisers' session.

Signed Parent/Carer.....

