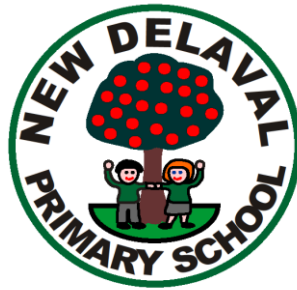


Resilience  
Empathy  
Self-Awareness  
Positivity  
Excellence  
Communication  
Teamwork



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27/09/2023

Dear Parents/Carers

### 'Get Off Stabilisers' – Wednesday 11th October 2023

Richard Rothwell is back in New Delaval Primary School on Wednesday 11<sup>th</sup> October . He will be running a 'get off stabilisers' session for Nursery, Reception Classes and Year 1

This session is for children who currently cannot ride without stabilisers. The aim of the session is to gain balance and ride using pedals.

Please, if possible, can you remove the stabilisers from your child's bike before you come to the session, however, if you do not have the tools to do this, don't worry; Richard will do it on the day. Please also make sure bicycle tyres have air in them if you have a pump and your child **MUST** wear a safety helmet during the session.

You are welcome to stay and we really would like you to attend if this is possible. The sessions will run during the morning from **9:30am-10:30am** and **10.30am-11.30am**. Your session time will be confirmed on receipt of the completed consent form.

Please complete the attached consent form and return to the school office by **Friday 6<sup>th</sup> October**

Yours sincerely



**Mr P Struthers**  
**Headteacher**

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### 'Get Off Stabilisers' – Wednesday 11<sup>th</sup> October 2023

Name of child.....Class .....

Please indicate your preferred session.

9:30am-10:30am

10:30am-11:30am

I give consent for my child to take part in the 'Get off Stabilisers' session.

Signed Parent/Carer.....

