



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

New Delaval Primary School Action Plan

PE Subject Action Plan 2023-2024

National Curriculum KS1

- master basic movements including running, jumping, throwing and catching, as well as
- developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

National Curriculum KS2

- use running, jumping, throwing and catching in isolation and in combination
 - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
 - develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
 - perform dances using a range of movement patterns
 - take part in outdoor and adventurous activity challenges both individually and within a team
 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

1. swim competently, confidently and proficiently over a distance of at least 25 metres
2. use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
3. perform safe self-rescue in different water-based situations.



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Key Area	Objective	Actions and responsibilities	Costs / Resources	Time	Evidence / Monitoring / Review
Raising standards – High quality PE and progress	<p>To ensure that PE is assessed accurately and effectively across school.</p> <p>To ensure that progress is evident across year groups.</p> <p>All pupils in Y6 to achieve 25m swimming award.</p> <p>Develop PE facility provision through use of pavilion area.</p> <p>Delivery of Commando Joe's program is to a high standard in line with CPD.</p>	<ul style="list-style-type: none"> ▪ To monitor new assessment system (Sonar). Identify gaps across year groups in PE coverage and skills. ▪ To observe teaching across school to ensure that progress in skills is evident. ▪ Promote, monitor and oversee swimming across 3 year groups (Y3, Y4 & Y5). Build strong relationships with swimming coaches at Blyth leisure centre to help support to help support end of key stage swimming milestones. ▪ Broaden opportunities within curriculum and after school provision through use of pavilion. ▪ Maintain and build upon New Delaval Knights partnership with the development of an inclusive and competitive curriculum. ▪ Observe Commando Joe sessions to ensure respect characteristics are targeted and evident throughout. 	<p>Sonar</p> <p>Session Observations</p> <p>Swimming lessons (Covered in School's Budget)</p>	<p>Termly</p> <p>Spring</p> <p>On-going</p> <p>Autumn</p> <p>Spring</p>	<p>Sonar has been used to identify whole school data figures. This data has not be analysed into key groups.</p> <p>PE observations remain incomplete and priority needs to go to this for next academic year.</p> <p>Swimming has been successfully implemented across Y3, Y4 and Y5 throughout the year. Communication between school, teachers, parents and swimming pool have ben effective to maximise impact. Swimming timetable has been altered for next academic year to prioritise LKS2 and UKS2 to positively effect the number of pupils leaving New Delaval being able to swim 25m.</p> <p>Successful relationship maintained and broadens with the New Delaval Knights both within school and at the pavilion bowls green.</p> <p>Pavilion tennis courts have also been used to strengthen and facilitate the Y6 tennis curriculum during the summer term.</p> <p>Commando Joe's sessions have been tracked through teacher discussions but no official observations have taken place this academic year in regards to the delivery of our Commando Joe's curriculum.</p>



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

<p>Raising standards – High quality PE and Ongoing CPD for Teachers</p>	<p>To give teachers the opportunity to work alongside NUF in the delivery of PE</p> <p>Receive high-quality PE delivery 1 session per week for each class.</p> <p>Build staff confidence in delivering PE and using local area facilities to full potential.</p> <p>Ensure Commando Joe's is an integral part of our PE curriculum offer.</p> <p>Expand CPD through use of external coaches to up skill staff during curriculum lessons.</p>	<ul style="list-style-type: none"> ▪ NUF to deliver PE Sports Programme and Commando Joe's sessions weekly throughout the year. ▪ Teachers to work alongside NUF staff in planning and delivering effective and structured PE sessions that demonstrate a progression of skills. ▪ Teachers planning their own PE sessions referring to CPD and progression of skills documents. ▪ TH to monitor planning and lesson delivery. ▪ TH to lead PE CPD linked to activities available at pavilion. Key focus of tennis targeting Y6 & Y2 this academic year. ▪ Maintain Commando Joe's provision and develop monitor it's termly impact with new Long-Term Plan devised. ▪ Staff to observe and support Newcastle Eagles, Northumberland cricket, New Delaval Knights, NUF Dance & Gym coaches in accordance with new Long-Term Plan. ▪ Include whole staff CPD session on "Bowls Buddies" resource used to support lawn bowls through New Delaval Knights. ▪ Access Northumberland School Sports Partnership ECT CPD opportunities to up-level a newly qualified teacher's CPD. 	<p>Observations of NUF</p> <p>NUF: £11,860</p> <p>Staff Feedback</p> <p>TH CPD opportunities CJ's Character Education £500</p> <p>CJ's £1,750</p> <p>Newcastle Eagles £700</p> <p>Northumberland Cricket £400</p> <p>New Delaval Knights £400</p> <p>ECT courses 2x courses £80</p>	<p>Weekly</p> <p>Spring</p> <p>Spring</p> <p>Termly</p> <p>Termly</p>	<p>Continued to develop strong working relationship with NUF and our designated coach from their organisation.</p> <p>NUF coach and PE lead support staff CPD through lesson delivery, planning and regular catch-up meetings.</p> <p>Progression of skills are referred to in order to ensure curriculum is progressive for all pupils.</p> <p>Staff were supported in the delivery of a half-term block of tennis coaching through planning support and resources targeted for beginners. This enabled a successful unit being taught across 2 year groups.</p> <p>Commando Joe's was effectively implemented and taught across all year groups at school through the sequence and timetabling of the LTP. Regular updates from PE lead and reminders about previous CPD from inset day supported staff to deliver these units effectively.</p> <p>Successful links remain with the Newcastle Eagles, Northumberland Cricket, New Delaval Knights and NUF Dance & Gym.</p> <p>Our Y6 pupils competed in the Northumberland Hoops4Health finals as a result of our engagement with the programme.</p> <p>We delivered a Dynamos cricket after-school club to pupils in Y4 and Y5 and trained up one of our teaching staff in the process.</p> <p>Head coach from the New Delaval Knights delivered a "Bowls Buddies," session to all staff to highlight ways to use this resource and model how inclusive this sport is to work alongside our priority on inclusion for all.</p> <p>Our ECT took part in 2 CPD sessions to develop their knowledge, confidence and ability to deliver PE.</p>
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Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

<p>Raising standards – Competitive Sport</p>	<p>To ensure that competitive sporting opportunities are promoted within and outside of school.</p> <p>Develop ways to raise competitive outside of school while reducing cost implications with travel.</p>	<ul style="list-style-type: none"> ▪ To maintain links with local sports organisations (including Newcastle Eagles, NUFC, Northumberland Cricket, New Delaval Knights, Cullercoats Bike and Kayak) and to further promote the opportunities provided by such organisations beyond school and targeting specific children with such clubs. Including external coaches to be utilised alongside staff to support CPD. ▪ Work with New Delaval Knights and neighbouring schools to host local school bowls competitions. Help create / facilitate an after-school bowls clubs for juniors to join New Delaval Knights. ▪ Continue out-of-school competitions through Newcastle Eagles, Northumberland Cricket and NUF. ▪ Create links with local schools to host and attend inter school competition. ▪ Continue school football team 7 a-side football league and Cup competition ▪ Maintain sla agreement with active Northumberland to develop out-of-school competition. 	<p>Newcastle Eagles, Northumberland Cricket, New Delaval knights, NUF (£ see above)</p> <p>Kayak £662.50</p> <p>Transport (all) £736.25 £285</p> <p>Cycling £2,235</p> <p>Cricket (£ see above)</p> <p>Active Northumberland £600</p>	<p>Termly</p>	<p>Relationships with external sports partnerships have remained a priority and strength at New Delaval. We have reviewed our NUF timetable and developed 2 further lunchtime clubs for specific pupils within Y3 and Y5 to help positively promote sport to these intervention groups. Pupils have been very engaged and this has resulted in pupils' confidence and positive attitude towards physical activity.</p> <p>Our relationship with New Delaval Knights has strengthen with our partnership this year but we have not been able to use this platform to extend the competition level between school. This will be a focus for next academic year.</p> <p>Pupils have had lots of opportunities to compete outside of school against other pupils across Northumberland and Tyne & Wear through our Newcastle Eagles Hoops4Health partnership. A group of Y5 pupils were selected to represent Northumberland schools at the Vertu Arena during one of the Newcastle Eagles games. This opportunity was inspiring and motivational for all involved.</p> <p>Our 7 a-side football team represented the school throughout the year at several tournaments with great success.</p> <p>We continue to work alongside Northumberland SSP through our SLA agreement.</p>
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Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

<p>Provision of up-to-date sports equipment.</p>	<p>To ensure that all equipment is safe and that the required equipment is available for full curriculum coverage.</p>	<ul style="list-style-type: none"> ▪ Work closely with House & Games captains and Sports leaders to monitor equipment. ▪ Maximise fundraising opportunity during SportsforChampion event and identify specific equipment necessary to further develop curriculum. ▪ Ensure effective and safe use of additional Commando Joe's equipment box. 	<p>Identified resources for curriculum and extra-curricular activities</p> <p>Addition CJ's resource box £ see above</p>	<p>On-going</p>	<p>House & Games captains and sports leaders develop their responsibility with regular discussion with the PE lead to ensure PE cupboard is well-stocked.</p> <p>We were visited by Para-Nordic ski Paralympian Callum DeBoys to deliver our inspiring "Sports For Champions," day across our whole school. Pupils raised a significant amount of money to go towards British athletics and our school's PE budget.</p> <p>Commando Joe boxes are fully equipped and equipment has been well managed.</p>
<p>Raising standards – Daily activity levels</p>	<p>To ensure that all staff are aware of the Active 30 minutes requirement and monitor implementation across school.</p> <p>Post Lockdown focus on increasing children's physical activity levels</p> <p>To maintain school Cycling programme with Richard Rothwell</p> <p>Maintain sports leaders and build their profile, role and delivery.</p> <p>Creating strong links with families around</p>	<ul style="list-style-type: none"> ▪ Engage with the TravelWise week to promote safe and active means of travel. ▪ Jump Start Jonny (EYFS, KS1, KS2). ▪ Continue Cycling programme with Richard Rothwell and classroom-based curriculum sessions. ▪ Introduce focused PE/Active week with a focus on raising physical activity levels within school: Active lessons. ▪ Raise the profile of fitness through themed initiatives. Following success from last year, continue "Winterrunderland" – Christmas running challenge. 2. "Personal Challenge Week" – TH set active, which pupils need to complete daily and beat their score. 	<p>Jumpstart Jonny subscription £249</p> <p>Cycling £ see above</p> <p>Prizes for winning class £20</p>	<p>Autumn Term</p> <p>Spring Term</p> <p>Summer Term</p>	<p>We successfully carried out our first "TravelWise," week, where pupils, parents and staff made active journeys to school. We raised the profile of health lifestyles and used this to launch our "WOW Travel to School Scheme."</p> <p>Pupils are encouraged to make active journeys to and from school with the incentive of "WOW" badges each month. Our Y4 pupil WOW Ambassadors have supported the subject lead with this successful whole school initiative.</p> <p>Pupils have completed the annual ½ and full day cycle rides throughout the year and we have engaged with the "Bikeability," project during the Spring term for KS2 pupils. This taught pupils to ride a bike and how to safely cycle within the local community.</p> <p>We held a successful active week during the autumn term, where pupils had to carry out a range of physical activities to earn school incentives. This was delivered using our sports leaders to help develop their own leadership role.</p>



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	<p>the importance of physical activity and movement.</p>	<ul style="list-style-type: none"> ▪ Ensure regular meetings, CPD and opportunities for sports leaders to develop their leadership. ▪ Host a whole school fund raising event centered around physical activity. Circuit series, family walk, obstacle course. ▪ Continue to run EYFS & Yr1 daily sports leader sessions. Plan, arrange and deliver Key Stage Competitions (multi-skills) led by young leaders. 			<p>Sports leaders continue to engage with our Reception and Y1 pupils during lunchtimes to encourage them to be physically active through fun and engaging activities.</p>
<p>Sports Premium: £17,000 Fundraising through 'SportsForChampions': £795</p> <p>Total amount: £17,795</p>		<p>£18,977.75</p>			