

The Toby Henderson Trust

What we offer...

TTHT provides support to autistic children, young people, adults & their families, without requiring a referral or even a confirmed autism diagnosis. TTHT services offer a combination of face-to-face and virtual support. If you would like to access any of our services, please call 0300 365 3055 or email support@ttht.co.uk.

Our services include:

- Face-to-face and virtual family support appointments for parents/carers.
- Targeted webinars (please see our website www.ttht.co.uk and our Facebook page: The Toby Henderson Trust- for more information).
- Monthly book club for parents/carers .
- Monthly families of autistic girls support group via Zoom.
- Monthly Grandparents support group via Zoom.
- Monthly groups for autistic children & young people age 6+.
- Monthly sibling support group for children aged 6+ who have an autistic brother or sister.
- Borrow Boxes and Bags scheme: A lending service of sensory items, equipment and activities.
- Exclusive hire of Toby's Magical Garden for families during school holidays.
- XRT: Personalised therapy to address anxieties and fears, using person led CBT alongside immersive virtual reality.
- A range of autism specific related resources are also available on our website which are being continuously updated.



Scan to visit our website

📍 Earth Balance, Bedlington

✉ support@ttht.co.uk

🌐 www.ttht.co.uk

☎ 0300 365 3055

📘 The Toby Henderson Trust

@ the_toby_henderson_trust

🌐 the_toby_henderson_trust



2025

The Toby Henderson Trust

What we don't offer:

We hope you'll agree that The Toby Henderson Trust has always (and still does) provide an impressive range of services and support to the autistic community of the region—including families, carers and the individuals themselves. However, we are very conscious that not everybody remains up to date with our service offer, as we constantly endeavour to expand and extend it after listening to our families and reacting where we can. We would always encourage you to keep an eye on our website, which is changed dynamically to reflect this.

In the meantime, to be transparent, these are the things we currently don't offer (but might have done some of them in the past)

- Respite, outreach and enabling services
- Holiday playscheme
- Home visits
- Assessment and diagnosis of ADHD
- We do not provide crisis support
- We are not a mental health care provider



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