Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork



Delaval Gardens New Delaval Blyth Northumberland NE24 4DA

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29th January 2025

**Dear Parents/Carers** 

## 'Get Off Stabilisers' – Wednesday 12th February 2025

Richard Rothwell is back in New Delaval Primary School on Wednesday 12<sup>th</sup> February . He will be running a 'get off stabilisers' session for Nursery, Reception Classes and Year 1

This session is for children who currently cannot ride without stabilisers. The aim of the session is to gain balance and ride using pedals.

Please, if possible, can you remove the stabilisers from your child's bike before you come to the session, however, if you do not have the tools to do this, don't worry; Richard will do it on the day. Please also make sure bicycle tyres have air in them if you have a pump and your child **MUST** wear a safety helmet during the session.

You are welcome to stay and we really would like you to attend if this is possible. The sessions will run during the morning from **9:30am-10:30am** and **11.00am-12.00pm**. Your session time will be confirmed on receipt of the completed consent form.

Please note if we do not get enough replies back it will be ran as one session at 9:30am.

Please complete the attached consent form and return it to the school office by Friday 31st January.

Yours sincerely

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Mr P Struthers Headteacher ≫------

'Get Off Stabilisers' – Wednesday 12<sup>th</sup> February 2025

Name of child.....Class

Please indicate your preferred session.

□ 9:30am-10:30am

□11:00am-12:00pm

I give consent for my child to take part in the 'Get off Stabilisers' session.

Signed Parent/Carer.....









