



# South East Northumberland Family Hubs - Cramlington and Seaton Valley - January 2026



**MONDAY**

5<sup>th</sup> Jan

**Baby stay and play( 0-12mths)**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - 2:30pm**

**TUESDAY**

6<sup>th</sup> Jan

**Weigh and Stay with feeding friends**  
Cramlington community hub  
**9:30-11:30am**

**\*PEEP Early Communicators**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

**WEDNESDAY**

7<sup>th</sup> Jan

**\*PEEP Babies**  
Warm Space,  
Cramlington  
n between the CEX shop and Betiini's coffe shop  
**10am-11am**

**PEEP Stay and Play**

Astley pavillion,  
Seaton Deval  
**10:00 - 11:00am**

**Weigh Clinic (Health Team)**  
Cramlington Community Hub  
**1:00pm-3:00pm**

**\*Empowering Parent/Carer Programme**  
Virtual  
**6:30pm-7:30pm**

**THURSDAY**

8<sup>th</sup> Jan

**Birth Registration**  
Blyth Central Family Hub  
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on  
**0345 600 6400**

**Weigh Clinic**  
Elsdon Avenue Church  
Seaton Deval  
**9:30-11:00am**

**PEEP Stay and Play**  
Cramlington Community Hub  
**1:30pm-2:30pm**

**CALM stay and play**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

**PEEP Early Communicators**  
Virtual  
**1:00 - 2:00pm**

**FRIDAY**

9<sup>th</sup> Jan

**\*PEEP Babies**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - 2:30pm**

\* Please note - any sessions with a \* in front require a request for service form to be completed.



# South East Northumberland Family Hubs - Cramlington and Seaton Valley - January 2026



## MONDAY

12<sup>th</sup> Jan

**Baby stay and play( 0-12mths)**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - 2:30pm**

## TUESDAY

13<sup>th</sup> Jan

**Weigh and Stay with feeding friends**  
Cramlington community hub  
**9:30-11:30am**

**\*PEEP Early Communicators**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

## WEDNESDAY

14<sup>th</sup> Jan

**\*PEEP Babies**  
Warm Space,  
Cramlington  
n between the CEX shop and Betiini's coffe shop  
**10am-11am**

**PEEP Stay and Play**

Astley pavillion,  
Seaton Deval  
**10:00 - 11:00am**

**Weigh Clinic (Health Team)**  
Cramlington Community Hub  
**1:00pm-3:00pm**

**\*Empowering Parent/Carer Programme**  
Virtual  
**6:30pm-7:30pm**

## THURSDAY

15<sup>th</sup> Jan

**Birth Registration**  
Blyth Central Family Hub  
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on  
**0345 600 6400**

**Weigh Clinic**  
Elsdon Avenue Church  
Seaton Deval  
**9:30-11:00am**

**PEEP Stay and Play**  
Cramlington Community Hub  
**1:30pm-2:30pm**

**CALM stay and play**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

**PEEP Early Communicators**  
Virtual  
**1:00 - 2:00pm**

## FRIDAY

16<sup>th</sup> Jan

**\*PEEP Babies**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - -2:30pm**

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# South East Northumberland Family Hubs - Cramlington and Seaton Valley - January 2026



## MONDAY

19<sup>th</sup> Jan

**Baby stay and play( 0-12mths)**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - 2:30pm**

## TUESDAY

20<sup>th</sup> Jan

**Weigh and Stay with feeding friends**  
Cramlington community hub  
**9:30-11:30am**

**\*PEEP Early Communicators**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

## WEDNESDAY

21<sup>st</sup> Jan

**\*PEEP Babies**  
Warm Space,  
Cramlington  
n between the CEX shop and Betiini's coffe shop  
**10am-11am**

### PEEP Stay and Play

Astley pavillion,  
Seaton Deleval  
**10:00 - 11:00am**

**Weigh Clinic (Health Team)**  
Cramlington Community Hub  
**1:00pm-3:00pm**

**\*Empowering Parent/Carer Programme**  
Virtual  
**6:30pm-7:30pm**

## THURSDAY

22<sup>nd</sup> Jan

**Birth Registration**  
Blyth Central Family Hub  
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on  
**0345 600 6400**

**Weigh Clinic**  
Elsdon Avenue Church  
Seaton Deleval  
**9:30-11:00am**

**PEEP Stay and Play**  
Cramlington Community Hub  
**1:30pm-2:30pm**

**CALM stay and play**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

**PEEP Early Communicators**  
Virtual  
**1:00 - 2:00pm**

## FRIDAY

23<sup>rd</sup> Jan

**\*PEEP Babies**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - 2:30pm**

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# South East Northumberland Family Hubs - Cramlington and Seaton Valley - January 2026



## MONDAY

26<sup>th</sup> Jan

**Baby stay and play( 0-12mths)**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - 2:30pm**

## TUESDAY

27<sup>th</sup> Jan

**Weigh and Stay with feeding friends**  
Cramlington community hub  
**9:30-11:30am**

**\*PEEP Early Communicators**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

## WEDNESDAY

28<sup>th</sup> Jan

**\*PEEP Babies**  
Warm Space,  
Cramlington  
n between the CEX shop and Betiini's coffe shop  
**10am-11am**

**PEEP Stay and Play**

Astley pavillion,  
Seaton Deval  
**10:00 - 11:00am**

**Weigh Clinic (Health Team)**  
Cramlington Community Hub  
**1:00pm-3:00pm**

**\*Empowering Parent/Carer Programme**  
Virtual  
**6:30pm-7:30pm**

## THURSDAY

29<sup>th</sup> Jan

**Birth Registration**  
Blyth Central Family Hub  
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on  
**0345 600 6400**

**Weigh Clinic**  
Elsdon Avenue Church  
Seaton Deval  
**9:30-11:00am**

**PEEP Stay and Play**  
Cramlington Community Hub  
**1:30pm-2:30pm**

**CALM stay and play**  
Hop-in Building  
Hareside Primary School  
**1:30pm-2:45pm**

**PEEP Early Communicators**  
Virtual  
**1:00 - 2:00pm**

## FRIDAY

30<sup>th</sup> Jan

**\*PEEP Babies**  
Manor warms space in between the CEX shop and Betiini's coffe shop  
**1:30 - -2:30pm**

\* Please note - any sessions with a \* in front require a request for service form to be completed.

# South East Northumberland Family Hubs - Cramlington and Seaton Valley - January 2026



## QR Codes

Family Hubs  
Website



Family  
Panels



What's on  
Padlet



Android  
App



Scan Me!  
Facebook



Apple  
App



Solihul  
Approach



Healthy  
Relationships



## Descriptions

**Sensory Chilli Out (Additional Needs & Disabilities)** - For the whole family who have children with learning or physical disabilities.

**Calm Stay & Play (0-5 years)** - A quieter and more relaxed Stay and Play session for those with additional needs and/or disabilities

**PEEP Babies (0-12 months)\*** - 6 week course supporting you and your baby with helpful tips on play, communication & baby's development.

**PEEP Toddlers (1-2 years)\*** Free 6 week course for parents/carers to give activity ideas, tips and techniques to enable you to support your child/ren's development.

**PEEP Early Communicators (15mths -3 years)\*** - 6 week course to support your child's journey through language & communication, play stories & fun activities.

**PEEP Stay & Play 0-5years** - Sessions for families to play and explore together, gain tips and techniques to support your child's development.

**HENRY Workshops\*** - One off workshops - Starting Solids, Eating Well for Less, Understanding Behaviour & Fussy Eating & Looking After Ourselves.

**HENRY (0-5yrs)\*** - 8 week course, activities & strategies supporting good health, nutrition & exercise.

**Free to Be** - For young people 13-18 years who identify as LGBTQIA. Get support and advice, take part in activities and lots more. Free food/refreshments.

**Weigh & Stay** - Free session for parents/carers, have your baby/ies weighed, speak to a health professional. Stay and play together to explore activities and receive your baby book start pack. Book your appointment by ringing the single point of contact Health Team on 0300 3732488.

**Feeding Friends** - Come along for infant feeding advice and support, to have a chat and share tips with other parents

## Address's

📍 Blyth Central Family Hub  
103 Wright Street  
Blyth, NE24 1HG  
Tel:01670 798800

📍 Blyth West Family Hub  
Devonworth Place  
Blyth, NE24 5AQ  
Tel:01670 625574

📍 Astley Park Pavillion  
Seaton Delaval  
NE25 0AE

📍 Hop-in Building  
Hareside Primary School  
Cramlington, NE25 6BH

📍 Cramlington Community Hub  
Cramlington  
NE23 6YB

📍 Warm Space, Manor Walks  
Shopping Centre  
Cramlington, NE23 6UT

\* Please note - any sessions with a \* in front require a request for service form to be completed.