



South East Northumberland Family Hubs – Cramlington and Seaton Valley – January 2026



MONDAY

5th Jan

Baby stay and play(0-12mths)
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - 2:30pm

TUESDAY

6th Jan

Weigh and Stay with feeding friends
Cramlington community hub
9:30-11:30am

WEDNESDAY

7th Jan

***PEEP Babies Warm Space, Cramlington**
In between the CEX shop and Betiini's coffe shop
10am-11am

THURSDAY

8th Jan

Birth Registration
Blyth Central Family Hub
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on **0345 600 6400**

FRIDAY

9th Jan

***PEEP Babies**
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - -2:30pm

***PEEP Early Communicators**
Hop-in Building Hareside Primary School
1:30pm-2:45pm

PEEP Stay and Play
Astley pavillion, Seaton Deleval
10:00 - 11:00am

Weigh Clinic (Health Team)
Cramlington Community Hub
1:00pm-3:00pm

***Empowering Parent/Carer Programme**
Virtual
6:30pm-7:30pm

Weigh Clinic
Elsdon Avenue Church Seaton Deleval
9:30-11:00am

PEEP Stay and Play
Cramlington Community Hub
1:30pm-2:30pm

CALM stay and play
Hop-in Building Hareside Primary School
1:30pm-2:45pm

PEEP Early Communicators
Virtual
1:00 - 2:00pm

* Please note - any sessions with a * in front require a request for service form to be completed.



South East Northumberland Family Hubs – Cramlington and Seaton Valley – January 2026



MONDAY

12th Jan

Baby stay and play(0-12mths)
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - 2:30pm

TUESDAY

13th Jan

Weigh and Stay with feeding friends
Cramlington community hub
9:30-11:30am

WEDNESDAY

14th Jan

***PEEP Babies Warm Space, Cramlington**
in between the CEX shop and Betiini's coffe shop
10am-11am

THURSDAY

15th Jan

Birth Registration
Blyth Central Family Hub
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on **0345 600 6400**

FRIDAY

16th Jan

***PEEP Babies**
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - -2:30pm

***PEEP Early Communicators**
Hop-in Building Hareside Primary School
1:30pm-2:45pm

PEEP Stay and Play
Astley pavillion, Seaton Deleval
10:00 - 11:00am

Weigh Clinic (Health Team)
Cramlington Community Hub
1:00pm-3:00pm

***Empowering Parent/Carer Programme**
Virtual
6:30pm-7:30pm

Weigh Clinic
Elsdon Avenue Church Seaton Deleval
9:30-11:00am

PEEP Stay and Play
Cramlington Community Hub
1:30pm-2:30pm

CALM stay and play
Hop-in Building Hareside Primary School
1:30pm-2:45pm

PEEP Early Communicators
Virtual
1:00 - 2:00pm

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South East Northumberland Family Hubs – Cramlington and Seaton Valley – January 2026



MONDAY

19th Jan

Baby stay and play(0-12mths)
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - 2:30pm

TUESDAY

20th Jan

Weigh and Stay with feeding friends
Cramlington community hub
9:30-11:30am

***PEEP Early Communicators**
Hop-in Building Hareside Primary School
1:30pm-2:45pm

WEDNESDAY

21st Jan

***PEEP Babies Warm Space, Cramlington**
In between the CEX shop and Betiini's coffe shop
10am-11am

PEEP Stay and Play
Astley pavillion, Seaton Deleval
10:00 - 11:00am

Weigh Clinic (Health Team)
Cramlington Community Hub
1:00pm-3:00pm

***Empowering Parent/Carer Programme**
Virtual
6:30pm-7:30pm

THURSDAY

22nd Jan

Birth Registration
Blyth Central Family Hub
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on **0345 600 6400**

Weigh Clinic
Elsdon Avenue Church Seaton Deleval
9:30-11:00am

PEEP Stay and Play
Cramlington Community Hub
1:30pm-2:30pm

CALM stay and play
Hop-in Building Hareside Primary School
1:30pm-2:45pm

PEEP Early Communicators
Virtual
1:00 - 2:00pm

FRIDAY

23rd Jan

***PEEP Babies**
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - -2:30pm

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South East Northumberland Family Hubs – Cramlington and Seaton Valley – January 2026



MONDAY

26th Jan

Baby stay and play(0-12mths)
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - 2:30pm

TUESDAY

27th Jan

Weigh and Stay with feeding friends
Cramlington community hub
9:30-11:30am

***PEEP Early Communicators**
Hop-in Building Hareside Primary School
1:30pm-2:45pm

WEDNESDAY

28th Jan

***PEEP Babies Warm Space, Cramlington**
In between the CEX shop and Betiini's coffe shop
10am-11am

PEEP Stay and Play
Astley pavillion, Seaton Deleval
10:00 - 11:00am

Weigh Clinic (Health Team)
Cramlington Community Hub
1:00pm-3:00pm

***Empowering Parent/Carer Programme**
Virtual
6:30pm-7:30pm

THURSDAY

29th Jan

Birth Registration
Blyth Central Family Hub
To register your new baby and obtain their birth certificate, book an appointment via Birth Registration on Northumberland County Council's website, or call on **0345 600 6400**

Weigh Clinic
Elsdon Avenue Church Seaton Deleval
9:30-11:00am

PEEP Stay and Play
Cramlington Community Hub
1:30pm-2:30pm

CALM stay and play
Hop-in Building Hareside Primary School
1:30pm-2:45pm

PEEP Early Communicators
Virtual
1:00 - 2:00pm

FRIDAY

30th Jan

***PEEP Babies**
Manor warms space in between the CEX shop and Betiini's coffe shop
1:30 - -2:30pm

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QR Codes



Family Hubs
Website



Family
Panels



What's on
Padlet



Android
App



Scan Me!
Facebook



Apple
App



Solihul
Approach



Healthy
Relationships



Descriptions

Sensory Chilli Out (Additional Needs & Disabilities) - For the whole family who have children with learning or physical disabilities.

Calm Stay & Play (0-5 years) - A quieter and more relaxed Stay and Play session for those with additional needs and/or disabilities

PEEP Babies (0-12 months)* - 6 week course supporting you and your baby with helpful tips on play, communication & baby's development.

PEEP Toddlers (1-2 years)* Free 6 week course for parents/carers to give activity ideas, tips and techniques to enable you to support your child/ren's development.

PEEP Early Communicators (15mths -3 years)* - 6 week course to support your child's journey through language & communication, play stories & fun activities.

PEEP Stay & Play 0-5years - Sessions for families to play and explore together, gain tips and techniques to support your child's development.

HENRY Workshops* - One off workshops - Starting Solids, Eating Well for Less, Understanding Behaviour & Fussy Eating & Looking After Ourselves.

HENRY (0-5yrs)* - 8 week course, activities & strategies supporting good health, nutrition & exercise.

Free to Be - For young people 13-18 years who identify as LGBTQIA. Get support and advice, take part in activities and lots more. Free food/refreshments.

Weigh & Stay - Free session for parents/carers, have your baby/ies weighed, speak to a health professional. Stay and play together to explore activities and receive your baby book start pack. Book your appointment by ringing the single point of contact Health Team on 0300 3732488.

Feeding Friends - Come along for infant feeding advice and support, to have a chat and share tips with other parents

Address's

Blyth Central Family Hub
103 Wright Street
Blyth, NE24 1HG
Tel:01670 798800

Blyth West Family Hub
Devonworth Place
Blyth, NE24 5AQ
Tel:01670 625574

Astley Park Pavillion
Seaton Delaval
NE25 0AE

Hop-in Building
Hareside Primary School
Cramlington, NE25 6BH

Cramlington Community Hub
 Cramlington
NE23 6YB

Warm Space, Manor Walks
 Shopping Centre
Cramlington, NE23 6UT