



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

LTP: 2026 - 2027	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Preschool / Nursery	Animals	Marvellous Me	Travelling	Natural World	Changes	The Wild
	Fundamental Movements	Fundamental Movements	Balance	Balance	Control and coordination	Sports Day Activities
Reception	Fundamental Movements	Commando Joe's	Balance	NUF: Dance	Commando Joe's	Sports Day Activities
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
Year 1	Gymnastics	Commando Joe's	Dance	Cricket: Northumberland Cricket	Commando Joe's	Athletics
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
Year 2	Gymnastics	Commando Joe's	Dance	NUF: Gymnastics	Commando Joe's	Cricket: Northumberland Cricket
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
Year 3	Swimming	Swimming	Indoor Bowls New Delaval Knights	NUF: Gymnastics	Commando Joe's	Cricket: Northumberland Cricket
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
Year 4	Basketball	Commando Joe's	Indoor Bowls New Delaval Knights	NUF: Dance	Commando Joe's	Cricket
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
Year 5	Basketball	Commando Joe's	Basketball: Newcastle Eagles	Cricket: Northumberland Cricket	Commando Joe's	Tennis
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
Year 6	Basketball	Commando Joe's	Indoor Bowls Bowls Buddies	Cricket: Northumberland Cricket	Swimming	Swimming
	NUF: Commando Joe's	NUF: Problem & Challenge	NUF: Multi-skills	NUF: Attack & Defence	NUF: Striking & Fielding / Net & Wall	NUF: Athletics & Fitness
						Additional: New Delaval Knights Lawn Bowls