



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

New Delaval Primary School Action Plan

PE Subject Action Plan 2025-2026

National Curriculum KS1

- master basic movements including running, jumping, throwing and catching, as well as
- developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

National Curriculum KS2

- use running, jumping, throwing and catching in isolation and in combination
 - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
 - develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
 - perform dances using a range of movement patterns
 - take part in outdoor and adventurous activity challenges both individually and within a team
 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

1. swim competently, confidently and proficiently over a distance of at least 25 metres
2. use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
3. perform safe self-rescue in different water-based situations.



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

Key Area	Objective	Actions and responsibilities	Costs / Resources	Time	Evidence / Monitoring / Review
Raising standards – High quality PE and progress	To ensure that PE is assessed accurately and effectively across school and support is provided when necessary.	<ul style="list-style-type: none"> ▪ Termly data captures across PE using Sonar platform. Identify classes with lower attainment and take a proactive approach to putting support in place via use of CPD, NUF coach or through PE lead. 	Sonar		
	To ensure that progress is evident across year groups.	<ul style="list-style-type: none"> ▪ To observe teaching across school to ensure that progress in skills is evident. 	Session Observations	Termly	
	Raise the number of Y6 pupils who achieve their 25m swimming award.	<ul style="list-style-type: none"> ▪ Monitor Y3 swimming timetable and assessment through communication with Blyth Active Leisure. 	Blyth Active Leisure	Spring	
	Broaden PE offer at New Delaval through utilising facilities within local area.	<ul style="list-style-type: none"> ▪ Closely monitor Y6 swimming timetable throughout the summer term to increase the number of pupils reaching their 25m swimming award. 	Swimming lessons (Covered in School's Budget)	On-going	
	Delivery of Commando Joe's program is to a high standard in line with CPD.	<ul style="list-style-type: none"> ▪ Utilise local facilities at pavilion to widen our offer of PE. 		Autumn	
		<ul style="list-style-type: none"> ▪ Continue our partnership and investment in New Delaval Knights and look how we can encourage competition between different schools. 		Spring	
		<ul style="list-style-type: none"> ▪ Observe Commando Joe sessions to ensure respect characteristics are targeted and evident throughout. 		Summer	



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

<p>Raising standards – High quality PE and Ongoing CPD for Teachers</p>	<p>Provide teaching staff with a focused approach in supporting NUF lesson delivery.</p> <p>Receive high-quality PE delivery 1 session per week for each class.</p> <p>Build staff confidence in delivering PE and using local area facilities to full potential.</p> <p>Monitor Commando Joe's to ensure it remains a school priority in line with our character education curriculum.</p> <p>Expand CPD through use of external coaches to up skill staff during curriculum lessons.</p>	<ul style="list-style-type: none"> ▪ Maintain strong relationship with NUF coach and meet regularly to discuss PE developments across classes. Ensure staff are used effectively during these sessions to further develop the provision of PE and the support to all pupils. ▪ Incorporate some PE CPD focused on targeting key skills from profession grids. ▪ Continue to deliver termly Commando Joe's CPD to all teaching staff. Focus on specific characteristics in each session in line with our new character education curriculum. ▪ Carry out a pupil voice, learning walk to track the effectiveness and impact of our Commando Joe's Scheme of work. ▪ Staff to observe and support Newcastle Eagles, Northumberland cricket, New Delaval Knights, NUF Dance & Gym coaches in accordance with new Long-Term Plan. ▪ Receive Bowls CPD for all staff on the New Delaval Knights Bowling green during the summer term. 	<p>Observations of NUF</p> <p>NUF: £11,800</p> <p>Staff Feedback</p> <p>TH CPD opportunities</p> <p>Newcastle Eagles £700</p> <p>Northumberland Cricket £400</p> <p>New Delaval Knights £400</p>	<p>Weekly</p> <p>Spring</p> <p>Spring</p> <p>Termly</p> <p>Summer</p>	
---	--	--	--	---	--



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

<p>Raising standards – Competitive Sport</p>	<p>To ensure that competitive sporting opportunities are promoted within and outside of school.</p> <p>Develop ways to raise competitive outside of school while reducing cost implications with travel.</p>	<ul style="list-style-type: none"> ▪ To maintain links with local sports organisations (including Newcastle Eagles, NUFC, Northumberland Cricket, New Delaval Knights, Cullercoats Bike and Kayak) and to further promote the opportunities provided by such organisations beyond school and targeting specific children with such clubs. Including external coaches to be utilised alongside staff to support CPD. ▪ Maintain partnership with new Delaval Knights junior club and promote participation and take up in this local opportunity. ▪ Arrange a parent/carer & pupil fun bowls taster session to promote the local opportunities and raise the profile of the junior New Delaval Knights club. ▪ Continue out-of-school competitions through Newcastle Eagles, Northumberland Cricket and NUF. ▪ Reach out to local primary school in area to establish some regular competitive sporting opportunities across a range of year groups. ▪ Host an internal multi-skills festival ran through our sports leaders for our EYFS & KS1 classes to build level of competition and experience for our sport leaders in Y5 & Y6. ▪ Host internal sports competitions at lunchtimes through summer term led by PE lead with the aim for pupils to enter a team into a competitive league ran across their Key Stage. ▪ Continue school football team 7 a-side football league and Cup competition ▪ Explore more accessible ways to engage with Blyth School Sports Partnership to increase the number of competitions entered. 	<p>Newcastle Eagles, Northumberland Cricket, New Delaval knights, NUF (£ see above)</p> <p>Kayak £600</p> <p>Transport (all) £500</p> <p>Cycling £2,235</p> <p>Cricket (£ see above)</p> <p>Active Northumberland £650</p> <p>NCEA Football (including transport) £670</p>	<p>Termly</p>	
--	--	--	--	---------------	--



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

Provision of up-to-date sports equipment.	To ensure that all equipment is safe and that the required equipment is available for full curriculum coverage.	<ul style="list-style-type: none"> Work closely with House & Games captains and Sports leaders to monitor equipment. Maximise fundraising opportunity during SportsforChampion event and identify specific equipment necessary to further develop curriculum. Invest in equipment to be used at break and lunchtimes to increase participation and activity levels during unstructured times. 	Identified resources for curriculum and extra-curricular activities £100	On-going	
Raising standards – Daily activity levels	<p>To ensure that all staff are aware of the Active 30 minutes requirement and monitor implementation across school.</p> <p>Increase children's physical activity levels during play and lunchtimes.</p> <p>To maintain school Cycling programme with Richard Rothwell</p> <p>Maintain sports leaders and build their profile, role and delivery.</p>	<ul style="list-style-type: none"> Continue to enroll in WOW Active Travel to encourage pupils to be active to and from school. Maintain relationship with new North East Coordinator to support our 2nd year as part of the WOW initiative. Jump Start Jonny (EYFS, KS1, KS2). Continue Cycling programme with Richard Rothwell and classroom-based curriculum sessions. Raise the profile of fitness through themed initiatives, stablishing a termly "Personal Challenge Week" – led by sports leaders during playtimes to encourage pupils to be active and beat their personal best. Ensure regular meetings, CPD and opportunities for sports leaders to develop their leadership. Increasing their coaching opportunities through personal challenge week delivery and multi-skills festival. Engage with the SportsforChampions program to promote healthy lifestyles, inspire our pupils and raise activity levels. Continue to run EYFS & Yr1 daily sports leader sessions. 	<p>Jumpstart Jonny subscription £259</p> <p>Cycling £ see above</p>	<p>Autumn Term</p> <p>Spring Term</p> <p>Summer Term</p>	



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

	Creating strong links with families around the importance of physical activity and movement.				
Sports Premium: £17,930 Sports For Champions fundraiser: £600 (Prediction) Total amount: 18,530			£18,314		