

Resilience
Empathy
Self-Awareness
Positivity
Excellence
Communication
Teamwork



Delaval Gardens
New Delaval
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2nd October 2025

Dear Parents/Carers

'Get Off Stabilisers' – Wednesday 8th October 2025

Richard Rothwell is back in New Delaval Primary School on Wednesday 8th October. He will be running a 'get off stabilisers' session for Nursery, Reception and Year 1.

This session is for children who currently cannot ride without stabilisers. The aim of the session is to gain balance and ride using pedals.

This is an amazing opportunity for you to get help and support for your child to get them riding their bike independently and with confidence.

Please, if possible, can you remove the stabilisers from your child's bike before you come to the session, however, if you do not have the tools to do this, don't worry; Richard will do it on the day. Please also make sure bicycle tyres have air in them if you have a pump and your child **MUST** wear a safety helmet during the session.

You are welcome to stay and we really would like you to attend if this is possible. The sessions will run during the morning from **9:30am-10:30am** and **11.00am-12.00pm**. Your session time will be confirmed on receipt of the completed consent form.

Please note if we do not get enough replies back it will be ran as one session at 9:30am.

Please complete the attached consent form and return it to the school office by **Monday 6th October**.

Yours sincerely

Mr P Struthers
Headteacher

X

'Get Off Stabilisers' – Wednesday 8th October 2025

Name of child.....Class

Please indicate your preferred session.

☐ 9:30am-10:30am

☐ 11:00am-12:00pm

I give consent for my child to take part in the 'Get off Stabilisers' session.

Signed Parent/Carer.....

