



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

New Delaval Primary School Action Plan

PE Subject Action Plan 2023-2024

National Curriculum KS1

- master basic movements including running, jumping, throwing and catching, as well as
- developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

National Curriculum KS2

- use running, jumping, throwing and catching in isolation and in combination
 - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
 - develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
 - perform dances using a range of movement patterns
 - take part in outdoor and adventurous activity challenges both individually and within a team
 - compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

1. swim competently, confidently and proficiently over a distance of at least 25 metres
2. use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
3. perform safe self-rescue in different water-based situations.



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Key Area	Objective	Actions and responsibilities	Costs / Resources	Time	Evidence / Monitoring / Review
Raising standards – High quality PE and progress	<p>To ensure that PE is assessed accurately and effectively across school.</p> <p>To ensure that progress is evident across year groups.</p> <p>All pupils in Y6 to achieve 25m swimming award.</p> <p>Develop PE facility provision through use of pavilion area.</p> <p>Delivery of Commando Joe's program is to a high standard in line with CPD.</p>	<ul style="list-style-type: none"> ▪ To monitor new assessment system (Sonar). Identify gaps across year groups in PE coverage and skills. ▪ To observe teaching across school to ensure that progress in skills is evident. ▪ Promote, monitor and oversee swimming across 3 year groups (Y3, Y4 & Y5). Build strong relationships with swimming coaches at Blyth leisure centre to help support to help support end of key stage swimming milestones. ▪ Broaden opportunities within curriculum and after school provision through use of pavilion. ▪ Maintain and build upon New Delaval Knights partnership with the development of an inclusive and competitive curriculum. ▪ Observe Commando Joe sessions to ensure respect characteristics are targeted and evident throughout. 	<p>Sonar</p> <p>Session Observations</p> <p>Swimming lessons (Covered in School's Budget)</p>	<p>Termly</p> <p>Spring</p> <p>On-going</p> <p>Autumn</p> <p>Spring</p>	



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<p>Raising standards – High quality PE and Ongoing CPD for Teachers</p>	<p>To give teachers the opportunity to work alongside NUF in the delivery of PE</p> <p>Receive high-quality PE delivery 1 session per week for each class.</p> <p>Build staff confidence in delivering PE and using local area facilities to full potential.</p> <p>Ensure Commando Joe's is an integral part of our PE curriculum offer.</p> <p>Expand CPD through use of external coaches to up skill staff during curriculum lessons.</p>	<ul style="list-style-type: none"> ▪ NUF to deliver PE Sports Programme and Commando Joe's sessions weekly throughout the year. ▪ Teachers to work alongside NUF staff in planning and delivering effective and structured PE sessions that demonstrate a progression of skills. ▪ Teachers planning their own PE sessions referring to CPD and progression of skills documents. ▪ TH to monitor planning and lesson delivery. ▪ TH to lead PE CPD linked to activities available at pavilion. Key focus of tennis targeting Y6 & Y2 this academic year. ▪ Maintain Commando Joe's provision and develop monitor it's termly impact with new Long-Term Plan devised. ▪ Staff to observe and support Newcastle Eagles, Northumberland cricket, New Delaval Knights, NUF Dance & Gym coaches in accordance with new Long-Term Plan. ▪ Include whole staff CPD session on "Bowls Buddies" resource used to support lawn bowls through New Delaval Knights. ▪ Access Northumberland School Sports Partnership ECT CPD opportunities to up-level a newly qualified teacher's CPD. 	<p>Observations of NUF</p> <p>NUF: £10,900</p> <p>Staff Feedback</p> <p>TH CPD opportunities</p> <p>CJ's £1,750</p> <p>Newcastle Eagles £700</p> <p>Northumberland Cricket £440</p> <p>New Delaval Knights £400</p> <p>ECT courses 2x courses £80</p>	<p>Weekly</p> <p>Spring</p> <p>Spring</p> <p>Termly</p> <p>Termly</p>	
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<p>Raising standards – Competitive Sport</p>	<p>To ensure that competitive sporting opportunities are promoted within and outside of school.</p> <p>Develop ways to raise competitive outside of school while reducing cost implications with travel.</p>	<ul style="list-style-type: none"> ▪ To maintain links with local sports organisations (including Newcastle Eagles, NUFC, Northumberland Cricket, New Delaval Knights, Cullercoats Bike and Kayak) and to further promote the opportunities provided by such organisations beyond school and targeting specific children with such clubs. Including external coaches to be utilised alongside staff to support CPD. ▪ Work with New Delaval Knights and neighbouring schools to host local school bowls competitions. Help create / facilitate an after-school bowls clubs for juniors to join New Delaval Knights. ▪ Continue out-of-school competitions through Newcastle Eagles, Northumberland Cricket and NUF. ▪ Create links with local schools to host and attend inter school competition. ▪ Continue school football team 7 a-side football league and Cup competition ▪ Maintain sla agreement with active Northumberland to develop out-of-school competition. 	<p>Newcastle Eagles, Northumberland Cricket, New Delaval knights, NUF (£ see above)</p> <p>Kayak £662</p> <p>Transport (all)</p> <p>Cycling £2,235</p> <p>Cricket (£ see above)</p> <p>Active Northumberland £200</p>	<p>Termly</p>	
<p>Provision of up-to-date sports equipment.</p>	<p>To ensure that all equipment is safe and that the required equipment is available for full curriculum coverage.</p>	<ul style="list-style-type: none"> ▪ Work closely with House & Games captains and Sports leaders to monitor equipment. ▪ Maximise fundraising opportunity during SportsforChampion event and identify specific 	<p>Identified resources for curriculum and extra-curricular activities</p>	<p>On-going</p>	



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		<p>equipment necessary to further develop curriculum.</p> <ul style="list-style-type: none"> Ensure effective and safe use of additional Commando Joe's equipment box. 	<p>Addition CJ's resource box (Price included in CJ's package)</p>		
<p>Raising standards – Daily activity levels</p>	<p>To ensure that all staff are aware of the Active 30 minutes requirement and monitor implementation across school.</p> <p>Post Lockdown focus on increasing children's physical activity levels</p> <p>To maintain school Cycling programme with Richard Rothwell</p> <p>Maintain sports leaders and build their profile, role and delivery.</p> <p>Creating strong links with families around the importance of physical activity and movement.</p>	<ul style="list-style-type: none"> Engage with the TravelWise week to promote safe and active means of travel. Jump Start Jonny (EYFS, KS1, KS2). Continue Cycling programme with Richard Rothwell and classroom-based curriculum sessions. Introduce focused PE/Active week with a focus on raising physical activity levels within school: Active lessons. Raise the profile of fitness through themed initiatives. Following success from last year, continue "Winterrunderland" – Christmas running challenge. 2. "Personal Challenge Week" – TH set active, which pupils need to complete daily and beat their score. Ensure regular meetings, CPD and opportunities for sports leaders to develop their leadership. Host a whole school fund raising event centered around physical activity. Circuit series, family walk, obstacle course. 	<p>Jumpstart Jonny subscription £239</p> <p>Cycling £ see above</p> <p>Prizes for winning class £20</p>	<p>Autumn Term</p> <p>Spring Term</p> <p>Summer Term</p>	



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		<ul style="list-style-type: none">Continue to run EYFS & Yr1 daily sports leader sessions. Plan, arrange and deliver Key Stage Competitions (multi-skills) led by young leaders.			
Sports Premium: £17,000 Total amount: £17,000			£17,626		