



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

## New Delaval Primary School Action Plan

### PE Subject Action Plan 2022-2023

#### **National Curriculum KS1**

- master basic movements including running, jumping, throwing and catching, as well as
- developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

#### **National Curriculum KS2**

- use running, jumping, throwing and catching in isolation and in combination
  - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
  - develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
  - perform dances using a range of movement patterns
  - take part in outdoor and adventurous activity challenges both individually and within a team
  - compare their performances with previous ones and demonstrate improvement to achieve their personal best.

#### **Swimming and water safety**

All schools must provide swimming instruction either in key stage 1 or key stage 2. In particular, pupils should be taught to:

1. swim competently, confidently and proficiently over a distance of at least 25 metres
2. use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
3. perform safe self-rescue in different water-based situations.



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

Key Area	Objective	Actions and responsibilities	Costs / Resources	Time	Evidence / Monitoring / Review
Raising standards – High quality PE and progress	<p>To ensure that PE is assessed accurately and effectively across school.</p> <p>To ensure that progress is evident across year groups.</p> <p>All pupils in Y6 to achieve 25m swimming award.</p> <p>Develop PE facility provision through use of pavilion area.</p>	<ul style="list-style-type: none"> <li>To analyse Classroom Monitor Data each term – specifically looking at boys/girls ... SEN.. Pupil Premium children ... to ensure that all groups are making expected progress and to consider implementing support for any groups as required.</li> <li>To observe teaching across school to ensure that progress in skills is evident.</li> <li>Promote importance of swimming to encourage engagement outside of school – KS2 assembly (year 5/6 reminders).</li> <li>Weekly swimming lessons for year 5&amp;6 pupils (1 term each)</li> <li>Regular contact with swimming coaches to track assessment and identify pupils not on target.</li> <li>Identify potential space which can be used. What facilities does it have which NDPS do not and how can they be utilised during school and after school. Adjust LTP to cater for this provision. E.g. tennis courts, basketball hoops.</li> </ul>	<p>Classroom Monitor System</p> <p>Session Observations</p> <p>Swimming lessons (Covered in School's Budget)</p>	<p>Termly</p> <p>Autumn</p> <p>Spring</p> <p>Summer</p>	
Raising standards – High quality PE and Ongoing CPD for Teachers	<p>To give teachers the opportunity to work alongside NUF in the delivery of PE</p> <p>Receive high-quality PE delivery 1 session per week for each class.</p> <p>Teachers to plan engaging, active and progressive PE lessons.</p>	<ul style="list-style-type: none"> <li>NUF to deliver PE Sports Programme and Commando Joe's sessions weekly throughout the year.</li> <li>Teachers to work alongside NUF staff in planning and delivering effective and structured PE sessions that demonstrate a progression of skills.</li> <li>Teachers planning their own PE sessions referring to CPD and progression of skills documents.</li> </ul>	<p>Observations of NUF</p> <p>NUF: £10,700</p> <p>Staff Feedback</p> <p>TH CPD opportunities</p> <p>CJ's £1,475</p>	<p>Weekly</p> <p>Spring Term</p> <p>Aut 1</p>	



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

		<ul style="list-style-type: none"> <li>TH to monitor planning and lesson delivery.</li> <li>TH to lead PE CPD sessions on specific skill development and maintaining activity levels throughout a lesson.</li> <li>Maintain Commando Joe's provision and develop it's effectiveness through CPD and monitoring.</li> </ul>			
Raising standards – Competitive Sport	To ensure that competitive sporting opportunities are promoted within and outside of school.	<ul style="list-style-type: none"> <li>To maintain links with local sports organisations (including Newcastle Eagles, NUFC, Falcons, Northumberland Cricket, Cullercoats Bike and Kayak) and to further promote the opportunities provided by such organisations beyond school and targeting specific children with such clubs. Including external coaches to be utilised alongside staff to support CPD.</li> <li>Establish connection with local pavilion bowls club for pupils to learn a new sport and hold competitive intra school events.</li> <li>Host the H4H Roadshow, arrange Newcastle Eagles coaching blocks (Yr5&amp;6), attend Yr5 inter H4H tournament, attend Yr6 inter H4H tournament.</li> <li>To offer sporting competitions within school (e.g. a house football competition or house basketball competition)</li> <li>Create links with local schools to host and attend inter school competition.</li> <li>To involve the school in local 7 a-side football league and Cup competition</li> <li>Maintain sla agreement with active Northumberland to develop out-of-school competition.</li> </ul>	<p>Newcastle Eagles £700</p> <p>Kayak £300</p> <p>Transport £808</p> <p>Cycling £2,235</p> <p>Cricket £800</p> <p>Active Northumberland £500</p>	Termly	



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

<p>Provision of up-to-date sports equipment.</p>	<p>To ensure that all equipment is safe and that the required equipment is available for full curriculum coverage.</p>	<ul style="list-style-type: none"> <li>▪ PE Coordinator to audit indoor and outdoor equipment at the beginning and end of the year.</li> <li>▪ Only designated children (Games Captains &amp; Sports Leaders) and adults to access equipment from the PE cupboard.</li> <li>▪ Continental (company) carry out annual check of equipment.</li> </ul>	<p>Identified resources for curriculum and extra-curricular activities</p> <p>£125</p>	<p>Autumn Term</p>	
<p>Raising standards – staff CPD</p>	<p>To ensure that staff skills are up to date</p>	<ul style="list-style-type: none"> <li>▪ PE Coordinator to publicise CPD opportunities and ensure that new findings from training are applied in subsequent lessons by staff.</li> <li>▪ TH to deliver CPD session on active lessons as part of a fitness/sports week. CPD in skill development and how to keep pupils active throughout a lesson.</li> <li>▪ TH to contact and establish network with other PE leads in local area and wider area to share good practice.</li> </ul>	<p>Cost of any courses.</p> <p>N/A</p>	<p>Autumn Term.</p> <p>Spring Term</p>	
<p>Raising standards – Daily activity levels</p>	<p>To ensure that all staff are aware of the Active 30 minutes requirement and monitor implementation across school.</p> <p>Post Lockdown focus on increasing children’s physical activity levels</p>	<ul style="list-style-type: none"> <li>▪ PE Coordinator to lead a staff training session on ways in which we could encourage children to be more active during the school day.</li> <li>▪ Pupil voice survey about how they are active in and out of school each day.</li> <li>▪ Walking/cycling to school challenge.</li> <li>▪ Jump Start Jonny (EYFS, KS1, KS2).</li> <li>▪ Continue Cycling programme with Richard Rothwell and classroom-based curriculum sessions.</li> </ul>	<p>Jumpstart Jonny subscription £220</p> <p>Cycling £ see above</p> <p>Prizes for winning class</p>	<p>Autumn Term</p> <p>Spring Term</p> <p>Summer Term</p>	



Resilience Empathy Self-Awareness Positivity Excellence Communication Teamwork

	<p>To maintain school Cycling programme with Richard Rothwell</p> <p>Maintain sports leaders and build their profile, role and delivery.</p>	<ul style="list-style-type: none"> <li>▪ Introduce focused PE/Active week with a focus on raising physical activity levels within school: Active lessons.</li> <li>▪ Raise the profile of fitness through themed initiatives.             <ol style="list-style-type: none"> <li>1. "Winterrunderland" – Christmas running challenge.</li> <li>2. "Personal Challenge Week" – TH set active, which pupils need to complete daily and beat their score.</li> </ol> </li> <li>▪ Trial skipping challenge with class (use GSSP model) to introduce new skills and link into promoting this in assembly, raising the profile.</li> <li>▪ Ensure regular meetings, CPD and opportunities for sports leaders to develop their leadership.</li> <li>▪ Continue to run EYFS &amp; Yr1 daily sports leader sessions. Plan, arrange and deliver Key Stage Competitions (multi-skills) led by young leaders.</li> </ul>			
<p>Sports Premium: 17,000            (Carry over £873)  <b>Total amount: £17,873</b></p>		<p>£ 17,873</p>			